# Learning Objective: to write a cohesive and coherent text

A cohesive text can be followed with ease.

In a coherent text each sentence builds on the one before and adds more information.

Each paragraph builds on the central argument as articulated in the introduction and conclusion.

### **Example Text Tasks**

1) First place the paragraphs into the correct order.

Introduction:

**Body Paragraph 1:** 

**Body Paragraph 2:** 

#### **Conclusion:**

- 2) Next, highlight any linking devices.
- 3) Then, categorise the linking devices into word that add information (e.g and) and words that explain purpose (e.g to).
- 4) Finally, underline the modal verbs used to show the opinion of the writer.

Key = nominalisation

Words are categorised by CEFR level using Oxford Text Checker

A1 A2 B1 B2 C1 C2+

Text

In conclusion, governments wield significant influence in combating the obesity epidemic through targeted interventions spanning education, regulation, and environmental changes. By fostering a collaborative approach involving policymakers, healthcare professionals, and community stakeholders, nations can enact sustainable solutions to promote healthier living and alleviate the burden of obesity on individuals and society as a whole. Only through concerted efforts can we effectively address this pressing public health challenge and pave the way for a healthier future.

Regulatory interventions play a pivotal role in reshaping environments to encourage healthier behaviors. Taxation policies can incentivize the consumption of nutritious foods while discouraging the intake of sugary beverages and highcalorie snacks. Additionally, stringent regulations on food labeling enable consumers to make healthier choices by providing transparent information about nutritional content. Furthermore, urban planning strategies that prioritize pedestrian-friendly infrastructure and accessible recreational spaces promote active living, thereby combating sedentary lifestyles contributing to obesity.

Obesity has burgeoned into a global health crisis, affecting millions worldwide and burdening health care systems. In response, governments must implement multifaceted strategies to tackle this complex issue. By employing a combination of educational initiatives, regulatory measures, and supportive environments, governments can mitigate the prevalence of obesity and promote healthier lifestyles among their populations.

Education emerges as a cornerstone in the fight against obesity. Governments can invest in comprehensive public health campaigns to raise awareness about the risks of obesity and the benefits of a balanced diet and regular exercise. Schoolbased programs can impart nutrition education and promote physical activity from an early age, instilling lifelong habits. Furthermore, initiatives aimed at enhancing health literacy empower individuals to make informed choices regarding their diet and lifestyle, fostering a culture of wellness within communities.

#### Sentence Level Practice

- 1) First, add a sentence to explain and each of these thesis sentences.
- 2) Then add an example sentence to each.
  - a. Primarily, the benefits of working collaboratively are those of communication and diversification.
  - b. Local police patrols, also known as bobbies on the beat, are the most effective way to deal with persistent, low-level crime in communities.
  - c. Inarguably, mankind's ability to fight biological infections is one of the greatest developments in modern life.
  - d. Rewarding children for good behaviour is a useful strategy for conditioning acceptable societal expectations in developing minds.

# Topics

Choose a question and write a full essay: include an introduction, 2 body paragraphs, and a conclusion.

- 1) Many feel that the common educational system of teachers and students in a classroom will be replaced by the year 2050. Do you agree with this view? Give your opinion.
- 2) Nowadays, children watch a lot of TV and play video games. However, some think that these activities are not beneficial for a child's mental health. To what extent do you agree or disagree?
- 3) Many parents put a lot of pressure on their children to succeed.
  To what extent do you agree?

### **Answers**

### **Example Text Tasks**

- 1) First place the paragraphs into the correct order.
- 2) Next, highlight any linking devices.
- AND: furthermore / while / additionally
   TO: thereby/ by/ only through
- 4) Finally, **highlight** the modal verbs used to show the opinion of the writer.

#### Introduction:

Obesity has burgeoned into a global health crisis, affecting millions worldwide and burdening health care systems. In response, governments must implement multifaceted strategies to tackle this complex issue. By employing a combination of educational initiatives, regulatory measures, and supportive environments, governments can mitigate the prevalence of obesity and promote healthier lifestyles among their populations.

### Body Paragraph 1:

Education emerges as <u>a cornerstone in the fight against obesity</u>. Governments <u>can</u> invest in comprehensive <u>public</u> health <u>campaigns</u> to raise <u>awareness about the risks of obesity and the benefits of a balanced diet and regular exercise</u>. <u>Schoolbased programs <u>can</u> impart <u>nutrition education</u> and promote <u>physical activity from an early age</u>, instilling <u>lifelong habits</u>. Furthermore, initiatives <u>aimed</u> at enhancing health literacy empower individuals to make <u>informed choices</u> regarding their diet and <u>lifestyle</u>, fostering a <u>culture</u> of <u>wellness within communities</u>.</u>

# **Body Paragraph 2:**

Regulatory interventions play a pivotal role in reshaping environments to encourage healthier behaviors. Taxation policies can incentivize the consumption of nutritious foods while discouraging the intake of sugary beverages and highcalorie snacks. Additionally, stringent regulations on food labeling enable consumers to make healthier choices by providing transparent information about nutritional content. Furthermore, urban planning strategies that prioritize pedestrian-friendly infrastructure and accessible recreational spaces promote active living, thereby combating sedentary lifestyles contributing to obesity.

#### Conclusion:

In conclusion, governments wield significant influence in combating the obesity epidemic through targeted interventions spanning education, regulation, and environmental changes. By fostering a collaborative approach involving policymakers, healthcare professionals, and community stakeholders, nations can enact sustainable solutions to promote healthier living and alleviate the burden of obesity on individuals and society as a whole. Only through concerted efforts can we effectively address this pressing public health challenge and pave the way for a healthier future.

# Sentence Level Practice

Demonstration answers.

# **Explanation**

# Example

- a. Primarily, the benefits of working collaboratively are those of communication and diversification.

  The honing of negotiation and clear presentation skills are required to work with others, while sharing ideas results in a wider range of opinions and approaches. Multidisciplinary medical teams are a demonstration of collaborating across specialisms in order to improve patient outcomes.
- b. Local police patrols, also known as bobbies on the beat, are the most effective way to deal with persistent, low-level crime in communities. This is because police can immediately deter crime while building relationships to prevent criminal activity long-term. Studies in Shropshire have shown the benefit of this strategy on crime figures.
- c. Inarguably, mankind's ability to fight biological infections is one of the greatest developments in modern life. Use of antibiotics has enabled people to survive previously fatal diseases particularly in childhood and old age. One such example is pneumonia which can now be combatted with antibiotic medicines.
- d. Rewarding children for good behaviour is a useful strategy for conditioning acceptable societal expectations in developing minds. Praise has been shown to reinforce sensible behaviours as long as it is specific and directed. To illustrate, a child can be applauded for continuing to attempt a difficult task without giving into frustration; this is opposed to simply saying "well done" when they achieve the task.

# References

Topic questions from IDP IELTS:

https://ielts.idp.com/canada/prepare/article-common-topics-for-ielts-writing-task-2

